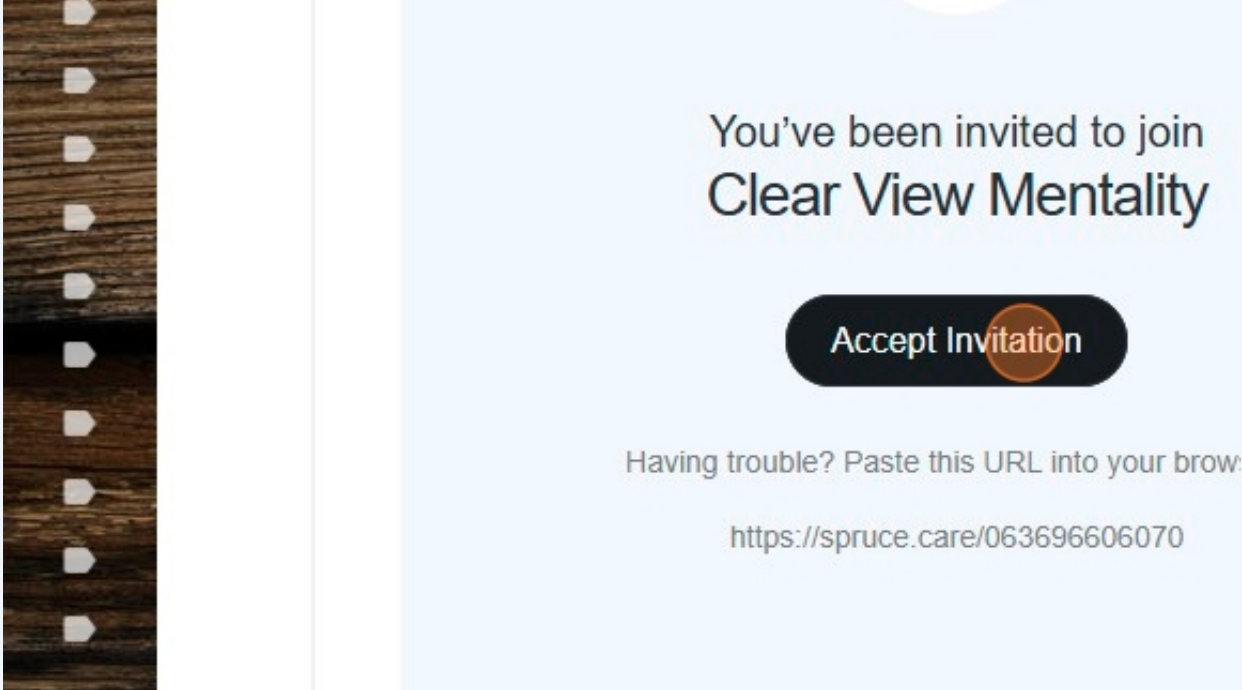
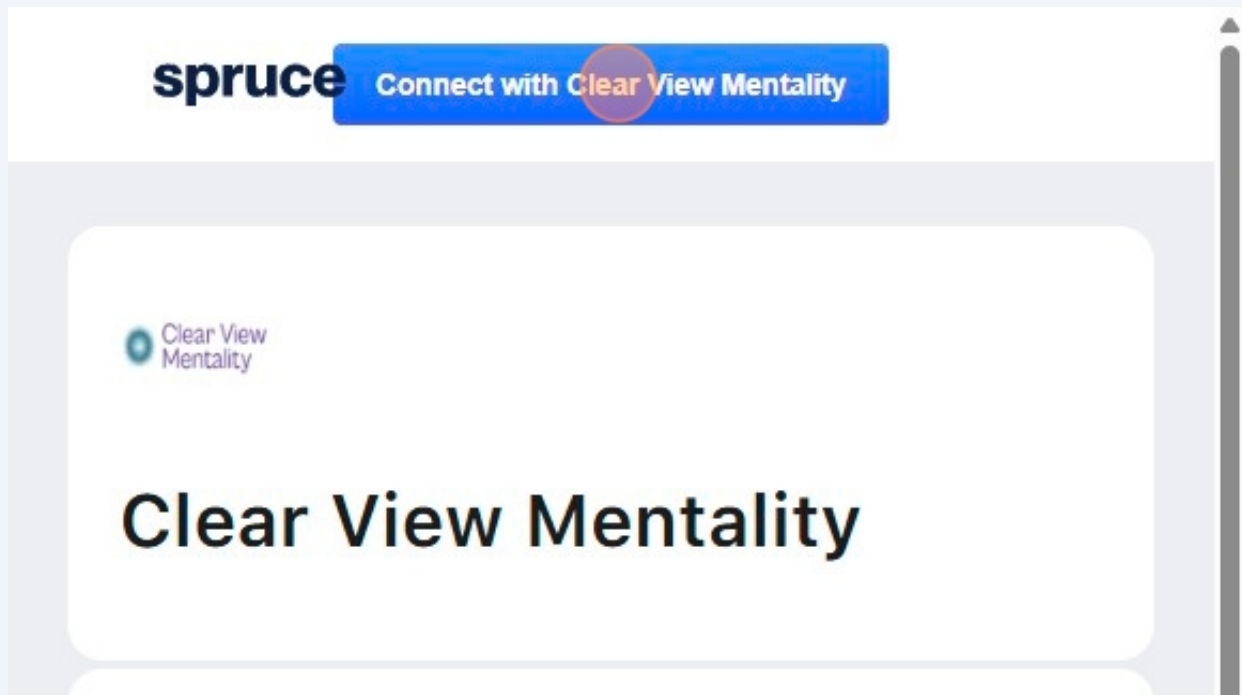


# Setting up Spruce Account-email

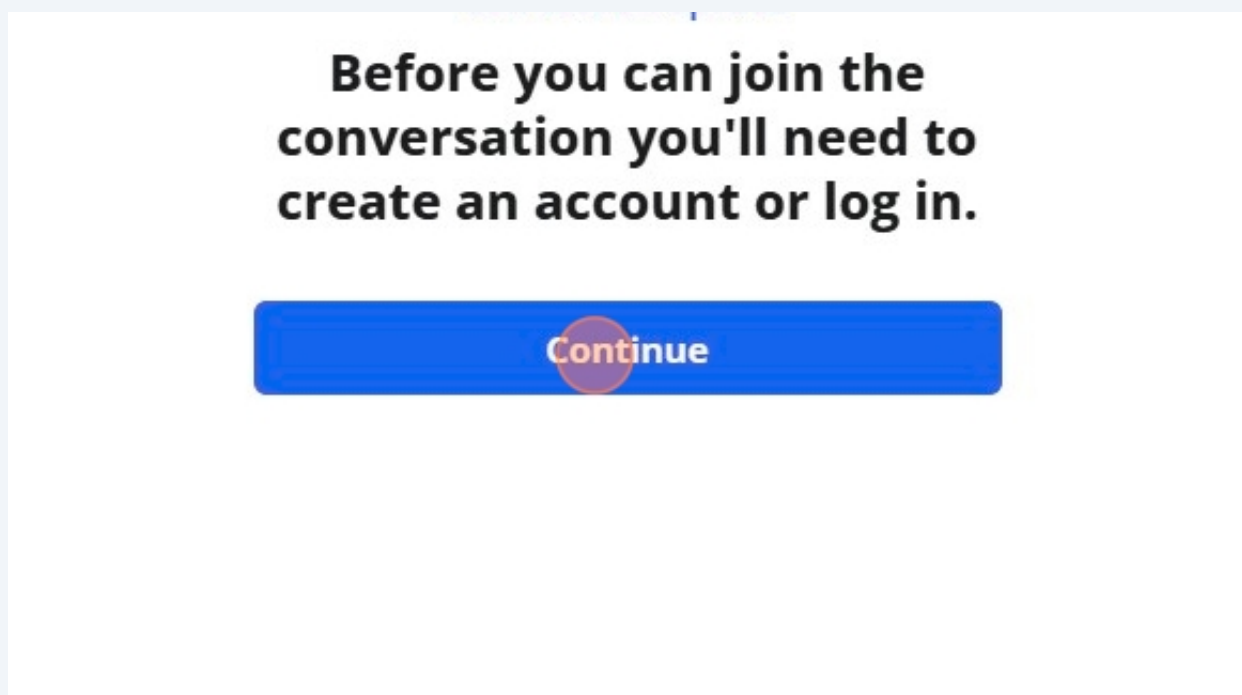
1 From your email or text invite Click "Accept Invitation"



- 2 Read through information then Click "Connect with Clear View Mentality"



- 3 Click "Continue"



- 4 Click the "Ex: (231) 232-1312" field to enter number

## Enter your mobile number to receive a verification code

Enter your personal mobile number to secure your account. We'll send a verification code to this number to confirm it's you.

Ex: (231) 232-1312

**Send Verification Code**

[Secure account with email instead](#)

- 5 Or Click "Secure account with email instead"


Ex: (231) 232-1312

**Send Verification Code**

[Secure account with email instead](#)

**6** Enter email/phone number Click "Send Verification Code"

We'll send a verification code to this email to confirm it's you.

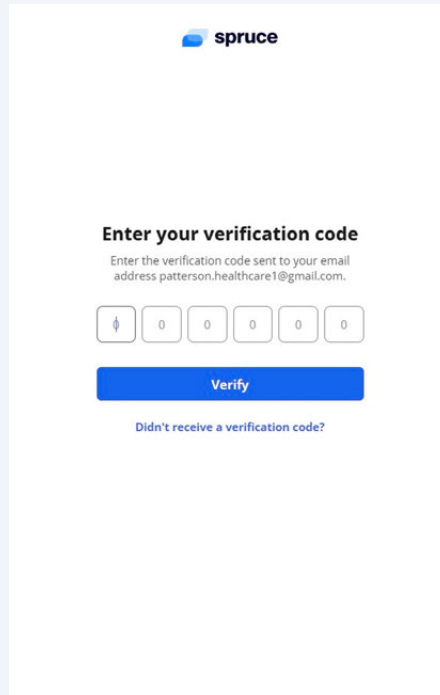
patterson.healthcare1@gmail.com 

**Send Verification Code**

Secure account with mobile number instead

**7** Grab your verification from your mobile number or email based on your selection above

**8** Enter your code and verify



**9** Field in boxes with Name Date of birth and gender

10

John

Doe



Date of birth (MM/DD/YYYY)

Select gender...



Next

11 Click "Next"

05/21/1958



Male



Next

12 Click the "Password" field.

By tapping "next" you are agreeing to our [Terms of Service and Privacy Policy](#).

Next

13 Click "Next"

Next

**14** Now you can start messaging with our Office.

If this is an emergency, call 911 or visit the nearest ER or a mental health crisis, please call 988.

Talk soon!  
Clear View Mentality  
Today at 12:51 PM



Type a message...



Send >